

LA PROVENCE & PETITE PROVENCE

Family Meal Heating Instructions

Cajun Gumbo

1. Preheat the oven to 375°.
2. Place covered gumbo pan in oven.
3. Bake for 45 minutes or until heated to your desired temperature.
4. Remove from oven and let sit, covered, for 5 minutes before eating.

Bon appétit from La Provence & Petite Provence!

Only need to heat a couple of portions?

We suggest heating up individual portions in a microwave-safe bowl covered with plastic wrap until the gumbo and rice are heated to your desired temperature, about 2 ½-3 minutes.